



## Throat – Antibiotics

- Group A beta-haemolytic streptococcus can be isolated from up to 30% of sore throat cases
- ABMU guidelines: 90% resolve in 7 days without antibiotics and pain is only reduced by 16 hours
- Centor prediction score can be used to determine if an antibiotic is required. (commonly used in primary care)
- If Centor score 3 or 4, consider 2 or 4 day delayed prescription or immediate antibiotics

Antibiotic	Duration	Indication	Pregnancy	Lactation
Penicillin V 500mg QDS	10 days	1 <sup>st</sup> line in tonsillitis	Not known to be harmful	Not known to be harmful
Clarithromycin 500mg BD	5 days	1 <sup>st</sup> line in tonsillitis when penicillin allergic	Avoid in 1 <sup>st</sup> trimester	Caution. Present in milk in small amounts
Metronidazole 400mg TID	10 days	Add when Pen V / Clarithromycin fail		
Fluconazole	14 days	Laryngeal candidiasis	Avoid	Avoid